

2025

**JT TAI & CO.
FOUNDATION**

**SUMMER INTERNSHIP
REPORT**



THANK YOU

Apex for Youth is grateful for JT Tai & Co. Foundation's generous support of the summer internship program

This gift helped Apex to unlock doors for youth in their pursuit of career paths. We hope you enjoy learning more about the youth you have supported through your generous gift.

VIEW THEIR PRESENTATIONS [HERE](#).

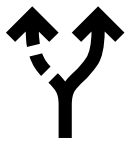


INTERNSHIP OVERVIEW

93%



GAINED NEW PROFESSIONAL SKILLS (TIME MANAGEMENT, SELF-DIRECTION, COMMUNICATION)



LEARNED MORE ABOUT THEIR FUTURE CAREER PATHWAYS



GAINED NEW PROFESSIONAL SKILLS SPECIFICALLY



CREATED NEW CONNECTIONS WITH PEERS, COLLEAGUES, AND PROFESSIONALS



APEX YOUTH SPOTLIGHT



JASON WONG



GEORGETOWN UNIVERSITY



Internship Site: NCheng LLP

Role: Accounting Intern

Sharon Chen, Supervisor

*“Jason was **detail-oriented** and quickly learned the process despite having limited prior experience. He made effective use of available resources to understand the accounting workflow, **adapted to new tasks efficiently**, and **demonstrated steady improvement in both technical and organizational skills** throughout the internship.”*

WHAT DID YOU LEARN?

One thing I wasn't expecting in this internship was **sharpening my interpersonal communication skills through an international context**. NCheng not only has an office in America, but also an office in India; as a result, during my internship, I worked alongside my Indian colleagues, an ocean and multiple time zones away. This daily communication with colleagues from different cultural, social, and political contexts than mine **gave me a stronger grasp of our world, not just through the lens of corporate America**.

HOW DID IT HELP WITH YOUR PERSONAL AND PROFESSIONAL DEVELOPMENT?

This internship gave me a sense of both the **international aspect that I was passionate about** but also the **business aspect that I was interested in**. Accounting is so versatile, since it's the language of business, and I want to use that knowledge of business to **advance my career** in the financial services industry, whether within consulting, banking, accounting, or wealth management. **NCheng helped me personally and professionally develop my respective skillsets to be a better communicator, leader, and collaborator.**



Watch Jason's Final Presentation [Here](#).





APEX YOUTH SPOTLIGHT



JAMIE CHEN



HIGH SCHOOL STUDENT

Internship Site: Make Us Visible

Role: Education Intern



Christine Dai, Supervisor

*"Jamie brought a **positive attitude**, a **willingness to learn**, and a **lot of self-motivation** to the internship. Jamie paid attention and learned step by step how to put a children's book together and **develop lesson plans for it**. She followed through on every task she was assigned, **meeting every milestone on time**."*

WHAT DID YOU LEARN?

This internship has **taught me that supervisors are not as scary as they are perceived**. In many interns' perspectives, supervisors are viewed as intimidating and unapproachable. Because I was writing a children's book and was inexperienced in this field of education, it was crucial for me to communicate with my supervisor, who had nine years of experience teaching elementary students, to evaluate whether an idea followed the guidelines. This **forced me to step outside of my comfort zone** and ask the questions I needed to. Even though it was **hard at first, taking that initial step made asking my supervisor questions much easier**.

HOW DID IT HELP WITH YOUR PERSONAL AND PROFESSIONAL DEVELOPMENT?

Since my internship was fully online, I had the opportunity to evaluate what work setting fit me better: online or in person. Even though I enjoyed having online's flexible schedule, I realized an **in-person setting would have benefited me more**. This experience **helped me understand what work setting I would truly enjoy and where I could thrive the most**.



Watch Jamie's Final Presentation [Here](#).



APEX YOUTH SPOTLIGHT



SANDRA LI



SMITH COLLEGE

Internship Site: Center for Human Reproduction

Role: Marketing Intern



Carson Bunting Supervisor

*“Sandra brought **strong initiative, adaptability, and a collaborative spirit** to the role. She **demonstrated an ability to digest complex, technical medical information and translate it into patient-friendly content**—a skill that **requires both critical thinking and empathy for the audience**. Over the summer, her **ability to manage multiple content creation streams**—blog posts, social media libraries, and multimedia projects.”*

WHAT DID YOU LEARN?

As a marketing intern at a privately owned IVF clinic, **my biggest project involved creating and developing social content across multiple platforms** for both CHR and its affiliated nutraceutical company, Ovaterra. Since CHR and Ovaterra offer distinct services and products, **I found it fascinating to explore each brand’s story, personality, and audience**—and to **adapt my content designs to fit their unique voices**. My marketing projects required me to learn about fertility medicine, their latest research discoveries, treatment options and wellness. This experience also **helped me understand the important differences between marketing** a healthcare service like CHR and a consumer product like Ovaterra.

HOW DID IT HELP WITH YOUR PERSONAL AND PROFESSIONAL DEVELOPMENT?

As a pre-med student, this internship has **solidified my interest in pursuing a career in medicine and given me greater confidence**. I shadowed physicians at CHR and observed egg retrievals and ICSI which are typically only shown to medical students, so being able to observe them as a college student was a **rare and exciting opportunity that made me feel even more intrigued about the field**. The medical director has invited me to serve as a guest writer for his printed newsletter The VOICE, after reviewing some of the pieces I wrote for CHR and Ovaterra’s blogs. This an opportunity that will **allow me to continue learning and contributing to fertility medicine even after the internship**.



APEX YOUTH SPOTLIGHT



HEBE LU



MIDDLEBURY COLLEGE

Internship Site: Civil Arts

Role: Editorial Intern



Hojae Kim Supervisor

*“Hebe is a dependable individual who **consistently demonstrates professionalism** in her work. She actively **creates opportunities for herself** and approaches challenges with a **problem-solving mindset**, always finding answers independently. Her reliability stood out so strongly that supervisors naturally **entrusted her with additional tasks, confident in her ability to handle them effectively.**”*

WHAT DID YOU LEARN?

Some of the projects I worked on included creating artist copies for social media campaigns, drafting website publications, and researching industry formatting standards. From concise and direct to creative and expressive, I **adapted my writing across multiple styles to fit the purpose of each task**. An added component of my work was researching the histories, practices, and creative processes of artists, curators, and galleries to inform my writing. I learned to **incorporate the suggestions and feedback from my supervisors to further enhance the quality of my work**. Through my internship experience, I developed the ability to **approach editorial tasks and research projects with an added layer of professionalism, precision, and quality while building positive relationships** with my colleagues.

HOW DID IT HELP WITH YOUR PERSONAL AND PROFESSIONAL DEVELOPMENT?

Connecting with individuals and larger groups has helped me build **interpersonal skills in professional settings**. From interviewing artists to working as a receptionist at public programming, I’ve learned to **connect with others’ stories while sharing my own**. Additionally, my role often called for **pivoting into tasks** that weren’t directly related to editorial work. For example, I was responsible for **coordinating shipment logistics and tracking client correspondences for Civil Art’s book publication**. Developing interpersonal skills and adapting to shifting demands are abilities that I will carry with me in both the personal and professional environment.



APEX YOUTH SPOTLIGHT



HIGH SCHOOL

ALEX LIU



HIGH SCHOOL

Internship Site: 3.1 Phillip Lim

Role: Direct to Consumer Intern

- Managed social media marketing initiatives to support brand visibility and engagement.
- Conducted research on SMS and email marketing strategies to optimize outreach.
- Assisted with website management and updates on Shopify.
- Catalogued inventory both digitally and in person to ensure accuracy and organization.

BRYAN CHEN



HIGH SCHOOL

Internship Site: One Love Community Fridge

Role: Intern

- Supported daily OLCF studio operations, including transporting food, stocking community fridges, quality-checking and repacking produce/meals, and conducting a Community Fridge Survey across multiple locations.
- Assisted with program initiatives such as launching the 2025 CSA program, maintaining wheat grass plantings, and contributing to the OLCF Junior Committee Packing Day.
- Collaborated with interns during "Snack Hour" to research recipes and prepare nutritious meals and snacks for the community.

KYLE CHEN



HIGH SCHOOL

Internship Site: Woodhaven BID

Role: Intern

- Compiled database for the address/phone number/contact/social media/business hours for 366 businesses.
- Engaged with local business owners and supported neighborhood upkeep efforts by ensuring storefronts were clean and graffiti-free.
- Assisted with operational tasks such as inventorying school supplies, preparing school bags, and organizing office space ahead of a relocation.

ZI QI LI



HIGH SCHOOL

Internship Site: Center For All Abilities

Role: Administrative Support Intern

- Managed CAA's Instagram presence and curated engaging social media content.
- Designed visually compelling flyers for programs and events.
- Created and organized promotional materials across digital and print platforms.
- Researched and compiled marketing strategies to support outreach effort.



APEX YOUTH SPOTLIGHT



RISING COLLEGE FRESHMAN

ANGELA LIU



WELLESLEY COLLEGE

Internship Site: Make Us Visible

Role: Policy Intern

- Conducted a multi-state scan of Department of Education policies, with special focus on language shifts after January 2025.
- Created a comparative matrix organizing changes in policy language, making trends easy to reference for MUV's strategy work.
- Synthesized technical policy documents into plain-language insights for volunteers, staff, and board members.

EMILY NI



STONY BROOK UNIVERSITY

Internship Site: NY FireTech

Role: Intern

- Drafted and revised fire suppression plans, cleaning modified details through Paint3D
- Produced references for kitchen appliances models and title block template in AutoCAD
- Contacted customers regarding the required work, scheduling, and availability through phone calls
- Designed infographics weekly for social media depicting the components of the fire suppression system to inform clients and general public

ERIC REN



HUNTER COLLEGE

Internship Site: Montefiore Einstein - Raj Lab

Role: Lab Intern

- Investigated mesenchymal stem cell (MSC) differentiation and the influence of external factors, such as cell culture media, on differentiation outcomes.
- Focused specifically on inducing and analyzing adipogenic differentiation in MSCs.
- Assessed how variations in experimental conditions affect the development of adipocyte phenotypes.

FATIMA MEZA FLORES



CITY COLLEGE OF NEW YORK

Internship Site: New Life CDC

Role: Intern

- Developed technical proficiency in Excel and Google Forms by organizing and analyzing program data for Success Groups, food pantry services, and other initiatives.
- Supported community-facing programs by coordinating food pantry client communications, assisting weekly at the Health Center, and contributing to program delivery with reliability and independence.



APEX YOUTH SPOTLIGHT



RISING COLLEGE FRESHMAN

JENNIFER LIU

 **BARUCH COLLEGE**

Internship Site: Women for Afghan Women

Role: Education Intern

- Develop CRM system methodology for 500+ individuals.
- Assist with facilitating seniors and youth programs throughout the summer.
- Manage files and archives for existing and previous programs.

SHARNALI DAS

 **CITY COLLEGE OF NEW YORK**

Internship Site: JURA Skincare

Role: Marketing Research Intern

- Managed brand's Pinterest strategy, producing 20+ original designs, optimizing boards weekly to boost audience engagement.
- Conducted in-depth market research projects on: rising wellness trends among Gen Z, spirituality-focused wellness movements, and competitor landscape mapping for 20 brands
- Delivered final strategic recommendations for new product concepts and marketing initiatives to strengthen Juara's competitive positioning

TIFFANY DONG

 **BOSTON UNIVERSITY**

Internship Site: Extreme Kids & Crew

Role: Intern

- Assisted with setting up program spaces, tracked supplies, and created a inventory system to maintain resources.
- Created photos, interviews, and a newsletter template for a monthly, testimonial-driven newsletter to enhance stakeholder engagement.
- Helped with event logistics, including a feedback survey, interview questions, photo capture, and Linktree/QR code setup. Organized resource table materials.

WEIYEE MOCK

 **DUKE UNIVERSITY**

Internship Site: Kopitiam

Role: Intern

- Provided excellent customer service by operating the register, preparing beverages, serving food and drinks, and accurately packaging to-go orders.
- Maintained a clean, organized environment by restocking supplies, utensils, and ensuring dining areas were tidy.
- Working in a restaurant teaches valuable life skills; patience, teamwork, multitasking, resilience, and an appreciation for the essential role of service jobs.



APEX YOUTH SPOTLIGHT



COLLEGE

AMY ZHENG



UNIVERSITY OF ROCHESTER

Internship Site: Scouting Group

Role: Project Intern → Offered Full Time Job as Operations & Research Consultant

- Identified nonprofit organizations in which SCOUT can invest 1% of its profits and 1% of its time.
- Delivered a competitor analysis chart detailing organizational structure, revenues, programs, and an org chart to enable clear, apples-to-apples comparisons for the client.
- Gained comfort in the working environment and built more confidence in voicing her opinions. Clients assured her that she played a crucial role and making an impact and growing her knowledge in HR and talent acquisition.

ARIA HOSSAIN



CITY COLLEGE OF NEW YORK

Internship Site: CUNY Graduate Center - Advanced Science Research Center

Role: Researcher

- Developed computational tools to analyze protein surface characteristics, including solubility, protein-protein interactions, and aggregation propensity, with the goal of creating a versatile toolkit for any protein.
- Conducted graph analyses revealing trends in polar and hydrophobic residue clusters, and planned further computational studies across different pH levels to account for variations in ionizable residues.
- Proposed experimental validations to test predictions, aggregation tendencies of hydrophobic surfaces, and the influence of surface patch distribution on bulk protein properties.

CARMEN LI



STONY BROOK UNIVERSITY

Internship Site: Huga Collective

Role: Marketing Intern

- Conducted in-depth competitive analysis of the lighting market, identifying key strengths and weaknesses of industry players.
- Planned, developed, and executed six curated pinboards, driving a 300%+ week-over-week revenue increase on Pinterest. One pin ranked among the most popular for Huga's business account.
- Conducted research and completed target audience worksheets to better understand customer behaviors. Developed an Ideal Customer Profile and crafted targeted hooks to improve messaging effectiveness.

CASSANDRA NICDAO



ROWAN UNIVERSITY

Internship Site: Chryon

Role: Intern

- Supported major sports venue clients (e.g., AT&T Stadium, MetLife Stadium) by maintaining the GameDay Support Calendar ensuring visibility into game schedules and emergency support needs across NFL, CFL, MLB, MiLB, NHL, NBA, and college sports.
- Researched potential customers for the LIVE product in niche livestreaming markets focusing on broadcasting/marketing roles and compiling contact information to expand outreach opportunities.



APEX YOUTH SPOTLIGHT



COLLEGE

CHLOE PENG

 **DREXEL UNIVERSITY**

Internship Site: Sage & Saber

Role: Marketing Intern

- Helped produce pictorial shots to be featured in their E-commerce website and social media ads.
- Created new product listings on website optimizing each page for SEO
- Built a branding kit detailing information from typography, color palette
- Successfully found 5 creators that aligns with the brand to create UGC content and generated enough buzz to host the next one!

ELANA CHEN

 **STANFORD UNIVERSITY**

Internship Site: Blue Earth Capital

Role: Intern

- Evaluated AI tools (Arc, Capsa, Endex) for usability, learning curve, support for junior-level financial tasks, responsiveness, and backend functionalities; consolidated findings and delivered recommendations for BlueEarth's board presentation.
- Managed DFIs Web Scraper and related projects, developing advanced Excel, project management, and data analysis skills while supporting investment and impact-focused initiatives.

JOANNA YU

 **BARUCH COLLEGE**

Internship Site: To Be Designed

Role: Administrative Assistant / Marketing Intern

- Researched and comparative analysis on other designers, social media planning platforms, welcome/proposal packets.
- Made promotional and project-focused videos.
- Designed welcome packet for client onboarding.

JOSEPH LAM

 **UNIVERSITY OF CHICAGO**

Internship Site: iHeartMedia

Role: Project Management Intern

- Conducted competitive analysis of similar apps to evaluate iHeart's strengths, gaps, and opportunities, with a focus on engaging younger audiences (18-24) whose radio consumption habits are evolving.
- Led an Immersion Day workshop and post-immersion survey to gather user insights, exploring casual vs. personalized listening, Gen Z preferences for gamification, influencer content, and community-driven features, and reinforcing iHeart's "people-first" values.



APEX YOUTH SPOTLIGHT



COLLEGE

MIKI LIN

 MOUNT HOLYOKE

Internship Site: Civil Arts

Role: Studio Intern

- Finding and logging grants into a spreadsheet + finding closed, annual grants but recording their deadline as potential deadline for next year
- Resizing, resolution and pixel size on photoshop, so photos are of equal quality on all devices
- Unstretched Old Canvas, Large + Small Stretched New Canvas onto Large and Small Frames

PRISCILLA WU

 CITY COLLEGE OF NEW YORK

Internship Site: Civil Art

Role: Creative Product Intern

- Designed and delivered visual assets, including social media highlight covers, Instagram carousels for the Artist Index, and final touches on a pitch deck.
- Supported digital organization and content management by updating the main website, organizing Instagram stories, transferring files between Google Drive and Dropbox, and maintaining project data in Google Sheets.
- Tested emerging AI tools for visual asset creation, evaluating their effectiveness and potential integration into workflow processes.

RAIYAN KHALID

 ELON UNIVERSITY

Internship Site: Project Basta

Role: Marketing & Communication Intern

- Managed and enhanced the First Job Fridays (FJF) content process, including identifying featured students, coordinating stories and photos with staff, and redesigning the process document for improved efficiency.
- Collected, analyzed, and summarized social media metrics for summer posts by category, supporting data-driven content strategies.

SABIQUR LIZA

 NEW YORK INSTITUTE OF TECHNOLOGY

Internship Site: Coalition for Asian American Children + Families

Role: Marketing Communication Intern

- Designed communications materials, including the Instagram post advertising our Contracts Coordinator position, the invitation for the team's annual Summer Open House, and multiple workshop fliers.
- Launched CACF's first-ever News Roundup, compiling and summarizing five articles each week on key issues such as public health, immigration, mental health, youth leadership, and data disaggregation.
- Collaborated with the Senior Communications Coordinator and Budget Policy Coordinator to design and lay out a brief on the Communities of Color Nonprofit Stabilization Fund.



APEX YOUTH SPOTLIGHT



COLLEGE

SALDON TENZIN



CORNELL UNIVERSITY

Internship Site: Javits Center

Role: Legal Intern

- Assisted the General Counsel with contracts and board governance, including reviewing and analyzing agreement provisions, preparing Board of Directors biographies, and digitizing Board packages.
- Optimized legal operations by digitizing documents, assembling CBA binders, and enhancing the Lexion automation system to streamline contract management and compliance processes.

SHARON LIU



STONY BROOK UNIVERSITY

Internship Site: Montefiore Einstein - Raj Laboratory

Role: Genetics Department

- Applied Python (Pandas, matplotlib, seaborn) for data wrangling, visualization, and statistical testing using biomedical datasets such as All of Us and cancer biobanks.
- Analyzed genetic and cancer-related data, exploring population genetics (e.g., founder effect) and the impact of socioeconomic factors on disease prevalence.
- Conducted literature reviews, generated hypotheses, and validated findings by integrating research papers with real-world cohort and concept set data.

SHIHAB UDDIN



DREXEL UNIVERSITY

Internship Site: Hachette Book Group

Role: Editorial Intern

- Reviewed and evaluated manuscript submissions, providing editorial feedback and recommendations.
- Created fact sheets and other key sales assets for internal and external use
- Drafted marketing copy and contributed to the development of promotional materials through cover briefs and author research
- Wrote reading group guides to support book club engagement and reader discussion

TINGYUE DONG



STONY BROOK UNIVERSITY

Internship Site: REIDD

Role: Web Development Intern

- Researched current industry AI tools and evaluated their potential for company use.
- Built and designed a WordPress website that can be showcased to stakeholders and increase brand presence online.
- Gained technical skills in scripting, web scraping, and Adobe After Effects, translating design ideas into functional implementations.



INTERNSHIP SITES

COLLEGE INTERNSHIP SITES (19 INTERNSHIPS) - 8 WEEKS - JUNE 23 - AUG 15

BLUE EARTH CAPITAL
CENTER FOR HUMAN REPRODUCTION
CHRYON
CIVIL ART (3 INTERNSHIPS)
COALITION FOR ASIAN AMERICAN CHILDREN + FAMILIES
CUNY GRADUATE CENTER - ADVANCED SCIENCE RESEARCH CENTER
HACHETTE BOOK GROUP
HUGA COLLECTIVE
IHEARTMEDIA
JAVITS CENTER
MONTEFIORE EINSTEIN - RAJ LABORATORY
NCHENG
PROJECT BASTA
REIDD
SAGE & SABER
SCOUTING GROUP
TO BE DESIGNED

HIGH SCHOOL INTERNSHIP SITES (14 INTERNSHIPS) - 6 WEEKS - JULY 7 - AUG 15

3.1 PHILLIP LIM
CENTER FOR ALL ABILITIES
EXTREME KIDS & CREW
JUARA SKINCARE
KOPITIAM
MAKE US VISIBLE (2 INTERNSHIPS)
MONTEFIORE EINSTEIN - RAJ LAB
NEW LIFE CDC
NYFIRETECH
ONE LOVE COMMUNITY FRIDGE
SANG COFFEE
WOMEN FOR AFGHAN WOMEN
WOODHAVEN BID

STUDENT COLLEGE ENROLLMENT



RIISING COLLEGE FRESHMAN - ANTICIPATED ENROLLMENT (10 INTERNS)

SHARNALI DAS - CCNY
TIFFANY DONG - BOSTON UNIVERSITY
FATIMA MEZA FLORES - CCNY
EMELY GOMEZ - VASSAR COLLEGE
*JENNIFER LIU - BARUCH COLLEGE
*EMILY NI - STONY BROOK UNIVERSITY
ANGELA LIU - WELLESLEY COLLEGE
WEIYEE MOCK - DUKE UNIVERSITY
ERIC REN - HUNTER COLLEGE

COLLEGE ENROLLMENT (19 INTERNS)

ELANA CHEN - STANFORD UNIVERSITY
TINGYUE DONG - STONY BROOK UNIVERSITY
*ARIA HOSSAIN - CCNY
*RAIYAN KHALID - ELON UNIVERSITY
JOSEPH LAM - UNIVERSITY OF CHICAGO
CARMEN LI - STONY BROOK UNIVERSITY
*SANDRA LI - SMITH COLLEGE
*MIKI LIN - MOUNT HOLYOKE
*SHARON LIU - STONY BROOK UNIVERSITY
HEBE LU - MIDDLEBURY COLLEGE
CASSANDRA NICDAO - ROWAN UNIVERSITY
*CHLOE PENG - DREXEL UNIVERSITY
LIZA SABIQUR - NEW YORK INSTITUTE OF TECHNOLOGY
SALDON TENZIN - CORNELL UNIVERSITY
SHIHAB UDDIN - DREXEL UNIVERSITY
*JASON WONG - GEORGETOWN UNIVERSITY
*PRISCILLA WU - CCNY
*JOANNA YU - BARUCH COLLEGE
*AMY ZHENG - UNIVERSITY OF ROCHESTER

***INDICATES RETURNING INTERN**

NOTE: REMAINING INTERNS ARE RISING HS SENIORS



APEX FOR YOUTH

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